Swim Check

Troop / Crew #: _____ **Week #:** _____

Council: _____ **Program:** _____

Swim Test Qualifications:

A Swim Test can be administered by a currently certified BSA Lifeguard, Aquatics Instructor, Red Cross Lifeguard, or an adult trained in BSA Aquatics Supervision: Swimming and Water Rescue. A copy of the administers card must be attached. The Camp Administration reserves the right to retest any individual.

Swimmers pass the test: Jump feet first into water over the head in depth. Level off swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudge, or crawl; then swim 25 yards using an easy resting backstroke. The 100 yards must be completed in one swim without stops and must include at least on sharp turn. After completing the swim, rest by floating.

Beginners pass this test: Jump feet first into water over the head in depth, level off, and swim 25 feet on the surface. Stop, turn sharply, resume swimming and return to starting place.

Anyone who has not completed either the beginner or swimmer test is classified as a non-swimmer.

Name	Birthday	Classification