



Kodiak

Leadership Trek

Leadership and service to others are two key tenants of Venturing. Combine these two elements and you get the concept of "the servant leader." Servant leadership as a philosophy teaches that the leader works with and through a team to accomplish the mission. Rather than just talking about leadership, Venturing through the Kodiak course, teaches useable, relevant leadership skills that every teen can use.

This will be a Kodiak multi sport trek. The participants will participate in a cycling/sea kayaking combination trek.

WHERE: Pamlico Sea Base

WHEN: August 10-16, 2008

COST: \$275 per person.

CREW SIZE: First 8 participants

Sea Kayaks, Bikes, Paddling Equipment, Cycling Equipment, Tents, Stoves and Food will be provided by the Sea Base.



To learn more about Kodiak visit www.kodiak-bsa.org
For more information or to register for this course please visit the Pamlico Sea Base or East Carolina Council websites at www.pamlicoseabase.org and www.eccbsa.org. For questions contact Reggie Cahoon at 252-240-2923 or email at pamlicoseabase@hotmail.com.

This trek is open to Ventures and Boy Scouts 14yrs of age or older.



VENTURING® BSA

CHECK IN

Check in will begin at 1:00 pm Sunday at the Sea Base Training Center.

Check out will be at 10:00 am on Saturday.

WHAT TO BRING LIST

Participants should use the Sea Base Kayaking and Ironman Trek Planner for an equipment list, tips on equipment, and what to expect while on the trek.

WHATS INCLUDED

All food and meals
All Kayak and Cycling Equipment
All Safety Equipment
All Cooking and camping equipment.

WHAT TO EXPECT

Kodiak is a first and foremost a leadership development course. It is also a multi-day trek. Participants should arrive in both physical and mental condition to complete the task at hand. While it is possible for an entire crew to reserve all spaces available in Kodiak, it is more likely that you will be interacting with Ventures and Scouts from different units. The appointed Sea Base guide will coordinate with the Kodiak instructors and crew participants to develop a day to day route that fits the needs of all participants. You should expect to assist with meal preparation and other expedition task that will arise.

To avoid duplication, every participant should review the material in the Trek Planner. This information is crucial to your comfort while on the trek. The Trek Planner is a guide that will prepare you for what conditions to expect on the route, allowing you to be better prepared for this experience.

KODIAK X

Upon successful completion of the Trek, you and your crew will schedule a Kodiak X weekend with your instructors and Sea Base staff. Please bring your fall 08 calendar.

KODIAK SCHEDULE

This is a draft schedule to help give you an idea of the week ahead. The Sea Base staff and your Kodiak Instructors will discuss your route in detail on Sunday night. A route will be developed that is suitable to the needs of all participants.

SUNDAY	
1:00 – 2:00	ARRIVAL
2:00 – 2:45	Swim Test
2:45 – 3:00	Issue Kayak Equipment
3:00 – 5:00	Intro to Kayaking, Wet Exit
5:00 – 5:30	Clean up for dinner
6:00	DINNER
6:45 – 7:30	Gear shakedown and trip review
7:30 – 8:00	Issue cycling equipment
8:30 – 9:30	Kodiak
MONDAY	
7:00 – 7:30	BREAKFAST
7:30 – 8:30	Final trip prep and packing
8:30 – 9:00	Cycling departure
11:00	<i>Commission #1</i>
12:30	LUNCH
1:00	Cycling
3:00	<i>Discussion #1</i>
3:30	Cycling
5:00	Set up camp (Nat'l Forest)
5:30	DINNER
6:30	<i>Commission #1</i>
8:00	High and Low
TUESDAY	
6:30	BREAKFAST
7:30	Thought of the Day
	Cycling
10:30	<i>Commission #2</i>
12:30	LUNCH
1:00	Beaufort downtown free time
2:00	<i>Discussion Topic #2</i>
	Cycling
2:30	Set up Camp (Nat'l Guard)
3:30	Tour of Facility
4:30	<i>Commission #2</i>
5:30	DINNER
7:30	High and Low

WEDNESDAY	
6:00	BREAKFAST
6:30	Cycle into Beaufort
7:00	Switch over to kayaks
8:00	Depart for Shackelford Banks
10:30	<i>Commission #3</i>
12:00	LUNCH
1:30	Paddling – Discussion throughout
3:00	Arrive and set up camp
5:00	DINNER
6:00	<i>Commission #3</i>
7:30	High and Low
THURSDAY	
6:00	BREAKFAST
6:30	Paddling
10:00	<i>Commission #4</i>
11:00	Tour Cape Lookout
12:30	LUNCH
1:00	Paddling
4:00	Arrive and set up camp
5:30	DINNER
6:30	<i>Commission #4</i>
7:30	High and Low
FRIDAY	
8:00	BREAKFAST
9:00	Paddling
10:00	<i>Commission #5</i>
11:00	Paddling
12:30	LUNCH
1:30	Paddling
3:00	<i>Commission #5</i>
4:00	Pack gear back into trailer, return to camp
SATURDAY	
8:00	BREAKFAST
9:00	Closing and Dismissal

Kodiak Trek
Registration Form

Pre-registration is required. Hold Harmless Agreement and Health Form must be completed. Please complete, sign, and return this form with your check or credit card number payable to East Carolina Council to: PO Box 1698 Kinston NC 28503 Fax: 252-522-9707

Participant Information (please print clearly)

Name _____

Unit # _____ Council : _____

Mailing Address _____

City _____ State _____ Zip _____

Phone # _____ Work # _____

Email _____

Date of Birth _____ Gender _____ Number of Participants _____

I am registering as an (INDIVIDUAL) as a (CREW). If registering as a crew please use the attached crew roster.

Name and phone number of person to contact in case of emergency: _____

Please describe any health/physical condition issues about yourself (or members of your crew) that we should be aware of:

Any health related food limitations:

Credit Card # _____ - _____ - _____ - _____ Exp. Date ____/____/____ MasterCard / VISA

Total Charged: \$ _____ or Check Enclosed _____ Total Enclosed: _____

Please make checks payable to: **East Carolina Council** and mail registration and payment to: **East Carolina Council c/o Ranger Encampment PO Box 1698 Kinston, NC 28503** You may also pay via credit card by faxing this form to 252-522-9707

**A deposit in the amount of \$40 per person is due with registration.
Remaining fees must be paid by July 15, 2008**

Hold Harmless Release Form

(If registering more than one participant have each participant complete release form)

I understand that participation in the activity of Kodiak Trek involves a certain degree of risk that could result in my injury or death. In consideration of the benefits to be derived and after carefully considering the risk involved, and in view of the fact that I am voluntarily and willingly participating in the stated activity, I hereby release and hold harmless, and waive all claims I may have against the Boy Scouts of America, The East Carolina Council, B.S.A. it's staff, volunteers, officers and sponsors, for any injury or death resulting from the use of the East Carolina Council BSA facilities and /or equipment.

Applicants Name (Printed): _____ Date: _____

Signature: _____ Adult Signature: _____